



500 S. Linwood Avenue  
410-396-9146

## Important Phone Numbers to Keep Handy

Baltimore City	Information on city services	311
First Call for Help	Information on a variety of services, emergency food and shelter, crisis help, help for people with disabilities	410-685-0525
24-Hour Parent Stressline	Telephone hotline for parents feeling stressed and needing to talk	1-800-243-7337
Baltimore City Counseling Center	In-home counseling is provided to individuals and families	410-327-6503
House of Ruth	Confidential 24-hour hotline, crisis intervention, safety planning, legal referrals, shelter and counseling for families experiencing domestic violence	410-889-7884
Fuel Fund	Assist with fuel costs	443-423-6000
Maryland Energy Assistance Program	Assist with heating and cooling costs	1-800-352-1446
Temporary Cash Assistance	Provides cash assistance to families with children age 19 and under	443-423-6300
Unemployment Insurance	Provides benefits for persons who are recently unemployed through no fault of their own	410-949-0022
Medical Assistance Program (MEDICAID)	Pays for medical expenses	443-423-6300
Food Stamps	Helps you to buy food	443-423-6300
Maryland Primary Adult Care	Assist in health care and prescription drugs	1-800-226-2142
Maryland Children's Health Program (MCHP)	Health insurance program	443-423-6300
Supplemental Nutrition Program for Women, Infants and Children (WIC)	Provides healthy foods at no cost	410-396-9427
Baltimore Neighborhoods, Inc.	Provides help with tenant/landlord problems	410-243-6007
Senior Information and Assistance	Information for senior citizens	410-396-2273
Consumer Credit Counseling Service	Assist in solving financial problems	410-747-6803
Legal Aid Bureau	Provides legal services to limited-income families	410-539-5340
Baltimore Gas and Electric	To report power outages	1-877-778-2222

*Hampstead Hill Academy is operated by the Baltimore Curriculum Project, a local nonprofit organization celebrating a decade of service and student learning in Baltimore.*

